

**Amendments to the Specification**

Page 8, replace lines 20-33 with the following amended paragraph:

Figure 8A shows a smoothly helically formed strand 14 of the bullet 10 embody features of the present invention. The strand 14 is continually oblique to the pressure wave, so the pressure wave produces shear stresses along the whole length of strand 14 and strand 14 separates at shear fractures 24 into many fragments 23, as shown in Figures 8B and 8C. The fragments 23 are more nearly uniform in size than prior known fragmenting bullets. Figure ~~[[8C]]~~ 8D shows the damage track of the bullet 10. The damage track has a diffuse uniform circular pattern. Since each strand 14 of bullet 10 separates into many fragments 23, the penetration of bullet 10 embodying features of the present invention is significantly less than the bullet 40 of Figure 7A.